

Mel Pinsker INVITE

Friday, April 26 2024

Teams: Cristo Rey, East Troy, Edgar, Messmer, Milwaukee Hamilton, Milwaukee Reagan, Sheboygan North, West Allis Central, Westosha Central

Contacts: Nina Rouse (AD): nrouse@greenfield.k12.wi.us
Bennet Schmitz (Head Girls Coach): schmitz.bennet13@gmail.com

Jury of Appeals: Greenfield Boys coach, West Allis Central Boys coach

Meet Starter(s) - officials decision

Time: 3:30p Coaches Meeting
3:45 Field Events
4:15 Running Events

Entries: 2 entry for the 3200
2 entries for every other individual event
1 relay entry for each relay

Entries will only be accepted online through MileSplit Wisconsin

Coaches can access on-line entries directly at wi.milesplit.com or at

www.tracksidetiming.com

The meet is titled "Mel Pinsker Invite" in wi.milesplit.com. Log in to your account and find the meet in the calendar.

[Registration opens April 22nd, 2024](#)

[All entries submitted by April 24th, at 8:00 PM.](#)

Meet information, start lists, and results will be posted at www.tracksidetiming.com

Timing/Results: Timing will be handled by Tracksidetiming.com

Scoring: Individual and relay events: 10 - 8 - 6 - 5 - 4 - 3 - 2 - 1

Field Events:

Throws: The discus and shot put will be 4 throws, no finals. Each thrower will get 2 times through the circle to complete their throws. Throws will be done 2-2

Horizontal Jumps: There will be 4 jumps, no finals. The length of the open pit will be determined by the number of entries. Jumpers can piggy back after 1st and 3rd jumps.

Vertical Jumps: Pole Vault will go up by 6” increments.

High Jump: will go up by 2” increments

Field Event Help: We will need each team to run a field event to assist in running this meet. We will provide workers, but we will need help running the events. If you need to switch with another school please do so at the coaches meeting. We will be adding teams to events to help.

Pole Vault: Westosha Central
Shot Put: Greenfield
Discus: Edgar
Long Jump: Sheboygan North
Triple Jump: West Allis Central
High Jump: East Troy
4x100 Exchange Zones: Zone 1- Cristo Rey
Zone 2- Messmer
Zone 3- Milwaukee Hamilton
4x200 Exchange Zone- Milwaukee Reagan

Team Camps: Can be set up on the South Side of the track on or near the hill or on the South side at the end of the long and triple jump pits.

Order of Events:

3:45 Long Jump (Boys first, open pit for 90 minutes, 4 jumps)
Discus (Boys first, 4 throws)
Triple Jump (Girls first, open pit for 90 minutes, 4 jumps)
Shot Put (Girls first, 4 throws)
High Jump (Girls First) Opening height*: TBD
Pole Vault (Boys first) Opening height*: TBD

**Tentative, final opening heights will be determined upon seeing entries*

4:15 Running events (Girls first in all events) ALL EVENTS ARE TIMED FINALS.
4 x 800 relay
100H/110H
100m
1600m
4 x 200 relay
400m
4 x 100 relay
300IH

800m

200m

3200m

4 x 400 relay